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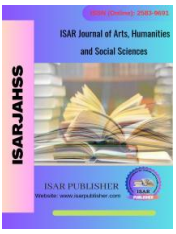

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On the necessity of increasing art courses in medical university

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Abstract: College campus culture is a very important link in the construction of college campus culture. Art courses, with their important artistic perception abilities, cultivate students' love for life and learning through multiple senses, and pursue a poetic life. Medical colleges and universities need to cultivate high-quality, artistic, and caring medical talents, and must enhance the cultural literacy of medical students and cultivate noble medical ethics; Therefore, the art course is an important quality education link in medical colleges, and it is necessary for medical colleges to add this course.

Keywords: Medical college; Art courses; Construction and development.

Foreword:

With the progress of mankind, society has increasingly high requirements for medical talents, not only with superb medical skills, but also with noble medical ethics and innovative spirit. As an important position for cultivating high-level medical talents, medical colleges and universities should accelerate the pace of comprehensively developing high-level innovative talents. The successful experience of famous medical schools in various countries has proven that medical talents with innovative spirit and ability cannot be separated from the nourishment of art education[1]. In this context, medical colleges and universities should strengthen the role of art education in the cultivation of medical talents, increase public and elective art courses, comprehensively improve the effectiveness of art education for medical students, and embark on a characteristic education path suitable for cultivating medical students' artistic accomplishment.

The art education in medical colleges and universities should enable students to master certain artistic literacy through the construction of art courses and the study of art theories, and then enable them to establish correct aesthetic concepts by allowing them to appreciate artistic works, participate in artistic activities, perform, etc., to cultivate elegant aesthetic qualities

Improve humanistic literacy. It is particularly important for medical students to have a correct understanding of truth, goodness, and beauty, which can inspire and stimulate their imagination and creativity, and promote the overall development of human beings. Due to the heavy tasks and limited time required for medical students' professional courses, it is difficult to learn art and participate in literary and artistic activities. Moreover, compared to professional courses, art courses in medical colleges and universities appear insignificant, and there is a shortage of teachers, resulting in a high investment cost in art education. Therefore, it is very difficult to carry out art course education in medical colleges and universities. With the changes in lifestyle and health concepts, the development of medical colleges and universities has received more and more attention from people. In addition to cultivating practitioners with exquisite art and noble medical ethics, medical colleges and universities need to take into account the pressure required by this particular and important profession. Medical students, like most other professional students, are also a group of lively, active, youthful and lovable students who need to protect their emotions, The long-term professional knowledge education is serious and boring, so adding art courses has become an urgent issue for medical colleges and universities to popularize.

1. The Current Situation of Art Courses in Medical Colleges

(1) Less art courses offered in medical colleges

Hippocrates, the father of Western medicine, once said that medicine is an art. However, with the development of medicine, the balance between medicine and art has gradually lost, and even there is little contact, ignoring the role of art in medicine. In medical education, art can promote the improvement of humanistic quality of medical students, and through art can inspire students' innovative thinking and enhance their realm[2].

Most medical colleges and universities have not formed a systematic art system for art education and practical activities, and public art education is mostly organized and carried out by school youth league committees. As a medical undergraduate college, due to the early emphasis on professional education, there are fewer art courses offered. Even the art elective courses that have already been offered are mostly in the form of lectures. In recent years, there have been many extracurricular art activities increased, but due to the small number of art elective courses in medical colleges and universities, most students lack professional art knowledge. Therefore, extracurricular activities are only artistic forms, without truly achieving spiritual experience.

(2) The teaching method of art courses is single

The majority of art courses offered in medical colleges are taught through lectures, with teachers speaking in the classroom and

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students listening below. This form restricts students' emotional experience. Art is originally a course driven by emotions and resonating with the public, requiring active interaction between students and teachers. Students in medical colleges originally have relatively poor artistic skills, and currently the school curriculum has not achieved diversification and personalization, Therefore, it cannot meet the needs of students at different levels.

(3) Lack of teachers required for art courses

Due to the fact that medical colleges do not have art secondary schools, most of the art course teachers for public elective courses are part-time teachers, and the source of teachers is mainly teachers who have already graduated from the school's administrative department. These teachers are art majors, but not specialized in teaching art courses. Therefore, there are some shortcomings in teaching process management. Part-time teachers have their own jobs, and their teaching time is relatively scattered. They cannot regularly organize collective lesson preparation and lesson plan training, and the teaching effect cannot meet the expected goals. Moreover, part-time teachers are difficult to form systematic and continuous learning. Art learning is a slow process that requires students' continuous learning, and it is even more necessary for teaching teachers to devote themselves to studying teaching methods. However, most part-time teachers complete their tasks after completing their teaching objectives, resulting in slow innovation and development. This can lead to students' lack of knowledge in class, and their feelings about art are not so real. It cannot stimulate students' artistic enthusiasm and resonate, making the course unable to achieve the teaching purpose of educating students in art.

(4) The impact of art and culture in universities is not significant

The art associations in medical colleges are under the charge of the Youth League Committee, and the activities held at ordinary times are not closely related to art courses, cannot achieve mutual support with art courses, and cannot integrate theory with practice.

The art practice venues in medical colleges are also relatively scarce, with the exception of a few classrooms for classes, and there is no relative artistic atmosphere created. Guilin Medical College has not won many awards in various art competitions, and the best result is the second prize, indicating that the lack of systematic artistic practice has affected the performance of medical colleges in art competitions. Campus culture is a subtle way to cultivate students' humanistic feelings and improve their quality. However, learning culture cannot be achieved without education and should be combined with students' participation in practical performances.

2. Ways to Promote the Effect of Art Courses

In order to enhance students' aesthetic awareness and develop their innovative thinking, medical colleges should actively popularize and improve the standardization of art education. Art is an aesthetic education as well as a moral education, which is an important measure to cultivate high-quality talents in schools. Art can integrate advanced culture and correct perspectives into the growth of students, sublimate their thoughts, make the talents we cultivate more outstanding, and achieve the goal of art education. To achieve the popularization and development of art courses in medical colleges, the following measures need to be taken:

(1) Applicability of teaching content

The selection of teaching content is the first step of an art course. Good teaching content can stimulate students' interest, persist in learning its theories, and experience its artistic connotation to achieve teaching objectives. When offering art courses in medical colleges, the selection of the content of the art courses should adapt to the students' academic situation, as well as their artistic level and aesthetic ability. The content of art courses should be aesthetic, educational, and compatible with students. It is necessary to have a noble moral demeanor, be able to combine education, professional knowledge, and artistic beauty, and interdisciplinary, so that students can experience the charm of art in aesthetics, experience the spirit of the times, and form a positive spiritual outlook[3]. Choose teaching content with cultivating sentiment as the introduction point of teaching, consider students' age, regional culture, background, etc., spread excellent and classic art and culture to them, purify their hearts, shape their personality, and attach importance to the cultivation of innovative ability. In particular, art appreciation courses should not only cultivate students' ability to appreciate and interpret artistic works, but also promote their independent thinking and judgment abilities, encourage students to dare to put forward their own views on works, enhance their original artistic thinking, and have a new understanding and improvement of the internal culture that artistic works want to express. In addition, medical colleges and universities should fully reflect the characteristics of art courses related to medicine, utilize resources such as psychology and art, and build art therapy courses.

(2) Flexibility of teaching methods

Teaching methods are an important means to achieve teaching objectives. Medical college students have different levels of proficiency and different abilities to understand. When selecting teaching methods, it is necessary to first conduct a survey of students' skills to understand their foundation, and then divide them into two parts based on their different abilities: general education and intensive training. Students in general education have lower levels, and the teaching methods are simple to understand and step-by-step, Use a combination of vision and language. The selection of PPT colors for teaching plans should also be more attractive. Communication and communication with students should be popularized, and professional terminology should not be used at the beginning. Students in this section have a relatively strong artistic understanding and can choose more professional teaching methods that combine theory with practice[4]. Teaching methods should not be used solely as teaching methods, but should be flexibly applied to make the classroom dynamic. Secondly, the subject matter of the course should permeate with the specialized courses, and the intersection of disciplines can provide students with more inspiration. This requires the novelty of teaching methods, and runs through the entire process of teaching.

(3) The activity of the teaching classroom

The degree of activity in the classroom is a very important factor for students to enjoy art classes. Understanding students' psychology, using empathy to interact with students, empathy to think about what kind of classroom atmosphere students like, using artistic means such as literature, music, dance, and art to shape the artistic image taught in the classroom, and using stories and experiences to empathize with students can enable students to participate and feel their leading role in the classroom, To fall in love with art classes. Give full play to students' subjective

initiative, create a teaching environment based on the selected content, engage students, play their roles, and perceive artistic charm through the actual process.

3. Art Evaluation of Art Curriculum

In art classroom teaching, teachers should create a harmonious and relaxed teaching environment in the classroom, treat students as their own friends, and communicate with students equally. This can stimulate students' creative enthusiasm, cultivate their thinking abilities, and fully tap the artistic thinking of medical students. Therefore, it is necessary for teachers to be able to teach according to their aptitude based on the existing artistic level of medical students, integrate teaching practice, continuously improve teaching methods, and improve teaching level. Arouse students' initiative and research awareness through art appreciation, and help them achieve independent thinking. Create an active atmosphere in the classroom to facilitate the cultivation of students' self-learning, thinking, and research abilities[5]. Teach students not only to respect their own thinking results, but also to understand the respect for the thinking results of others. Through art education, cultivate college students' independent thinking and tolerance, and make art education always run through the teaching of art courses.

The evaluation of the teaching quality of art courses is very important, mainly reflecting the real situation of the teaching process. Evaluation attaches importance to the differences between students' artistic skills and accomplishments, and improves their artistic and aesthetic abilities. The evaluation methods can be diverse, including theoretical knowledge tests, practical operation inspections, performance works, creative works, and skill displays. Different evaluation methods can be selected based on different purposes to ensure the effectiveness of the evaluation.

The evaluation indicators include the evaluation of teachers and students. The evaluation of students is objectively and effectively evaluated through exam scores, daily performance, classroom performance, activity participation and enthusiasm, creative enthusiasm, attendance, and the extent of improvement in artistic literacy[6]. The evaluation of teachers is conducted through the evaluation of teacher preparation content, classroom teaching, skill training, classroom lectures, and homework evaluation. After evaluation, it is necessary to promptly identify their shortcomings and improve them through lectures, peer discussions, self-evaluation, and other methods to achieve better classroom teaching results.

4. The influence of art courses on medical students

Inspired by art courses, through long-term learning and appreciation of artistic works, medical students can gain the ability to understand art and improve their understanding and perception[7]. Deepen the friendship between classmates. Good artistic cultivation enhances students' humanistic literacy and forms a good aesthetic taste. As medical students, art can quickly improve their communication skills, making it difficult for misunderstandings and conflicts to arise, which slows down the occurrence of doctor-patient conflicts for future employment[8]. Medical personnel with good communication skills will be good at communicating with patients, understand their pain, and do a good job in medical work. At the same time, it can also enable medical students to develop physically and mentally, forming a harmonious learning environment.

Conclusion

In today's society, what we need to cultivate is comprehensive talents with comprehensive development of medical skills and ethics, and the requirements for medical students are increasingly strict. Art education can cultivate the sentiment of medical students and improve their literacy. Famous universities in various countries invest heavily in art courses, because art can create beauty, discover beauty, promote the improvement of thinking ability, and enable people to develop rich imagination, Adding art courses to medical schools and promoting the development of art education can cultivate more medical talents with both moral integrity and talent. Therefore, the increase in art courses in medical schools is important and necessary.

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